



GROUP EXERCISE CLASS RESERVATIONS

The information below is subject to change at anytime as new information and resources become available.

- Classes are for members only.
- Classes are limited in size due to facility capacity and social distancing.
- Members must pre-register for classes. You can register for classes one week in advance. (example: Monday you can register for the following Monday)
- Masks must be worn at all times while in the facility including during class time.
- Members need to bring their own water.
- Members need to bring their own towel.
- Members need to bring their own mat.
- Land classes may be held outdoors so please dress accordingly.

How to sign up on the mobile app:

1. Go to purchase service and choose purchase services if you do not already have a class package.
2. Go to sign up for classes and find the day and time that you would like to reserve.
3. Click register.

If you are unable to attend your scheduled time, please cancel your time on the app or call the SLFAC at 616.847.5858.